AARP Age Friendly Programs in Washoe County July 2025

An **age-friendly/livable community** is one that is safe and secure, has affordable and appropriate housing and transportation options and has supportive community features and services. Once in place, those resources enhance personal independence; allow residents to age in place; and foster residents' engagement in the community's civic, economic and social life.

- Since 2012 and until the present day, access to information and services in the community, affordable housing and transportation have been identified as our elder community's top priorities.
- Since 2018, AARP Age Friendly Reno has worked as a community-driven, volunteer group of local seniors and senior-serving-organizations that work together to further its action plan to address these priorities.
- Addressed multiple city, county and state elected officials at their meetings on many occasions who understand the concept of being age-friendly in our area and gaining their support for our action plan activities.
- Fostered Washoe County and the City of Sparks to apply to AARP and become Age Friendly Washoe County and Age Friendly Sparks.
- Addressed RTC many times to support and expand the reach of FlexRIDE to areas not currently served by large busses.
- Partnered with Center for Healthy Aging and AARP Nevada to "adopt" Paradise Park to create the Wednesday Walking Group to encourage neighborhood seniors to feel safer and get healthy exercise in this large and historic park.
 Received AARP grant to build bocce and shuffleboard courts there. Now working with Reno Food Systems to add community gardening activities.
- Received grant from Food Bank of Northern Nevada to host senior resource fairs at our libraries throughout Washoe County and to reprint our Elder Services resource guide. Soon to be reprinted with help from Truckee Meadows Fire.

The Age Friendly Livable Action Group meets monthly on 4th Tuesdays at 3pm on Zoom. You are always welcome to join us. Contact Donna Clontz at donnanorm1@yahoo.com or 775 240 2745 to be added to the email list for updates.